

## Sewing and Serging

**Kathy Ruddy**



### **Awesome Athleisure Wear it Anywhere Part One**

The fashions of athleisure, yoga leggings and tops are now part of our everyday wardrobes and they're really fun to sew. Learn to make the most fashionable and wearable versions as you explore the components with an expert. Kathy, an experienced fitter who loves to work with knits of all types will show you how pick and size patterns to four-way stretch fabrics with different 'negative ease', how to resource fabrics and notions introducing "Filpar" elastic from Italy and special seaming techniques for both sewing machine.

**Fri 9:15am – 10:15am – Room 104**

### **Awesome Athleisure Wear it Anywhere Part Two**

Learn how to copy yoga yokes from finished garments and then fit them to your leggings for a custom fit. You can even make this extra long yoke out of contrasting compression fabric and then upscale your low rise pants to the "Spanks" effect high rise pants that smooth and slim your waistline. Finally, learn to make the garments your own by adding details like pockets and zippers to hold your smart phone securely.

**Fri 10:30am – 11:30 am – Room 104**

### **Serger 911**

All Serger owners and prospective Serger owners need this information. Kathy will teach you how the Serger operates from the inside out. Learn about burrs, how width is used to improve stitches, how to create a perfect balanced-tension control strip to use for each new fabric and thread. Learn a sequential tension formula that works on any Serger model and all thread types and five-minute Serger pocket that can be added to any pattern. If you have a Serger and barely use it or want to use it with greater proficiency, this is a good class!

**Fri 3:30pm – 4:30 pm – Room 104**

### **Easy Tops That Fit**

All you need to know. What Fabric Works Best! For tops learn how to adjust shoulder angle, add a bust dart when necessary, adjust sleeve to fit your armhole and bicep with no puckers and hem treatments to maximize stomach coverage. The fastest and easiest way to put pieces together.

**Sat 9:15am – 10:15am – Room 104**

### **Easy Bottoms That Fit**

All you need to know Learn how to adjust pattern to fit your seat, change leg styles and how to prevent twisted legs. How to adjust ease as you sew and easy waistline elastic techniques

**Sat 10:30am – 11:30am – Room 104**

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	<p><b>Pattern Drafting From Favorite Garments</b> Bring to class, garments you want to copy. Learn Kathy's rules for copying sleeves, darts, seams and gathers. for a whole new wardrobe -- inspired by your favorite looks. Make the sewing experience smoother and more gratifying, as you easily recreate garments in your own fusion of styles and fabrics. <b>Sat 3:30pm – 4:30pm – Room 104</b></p>
<p><b>Alma Laidlaw</b></p> 	<p><b>Alma's Tool School – all levels</b> Together we'll explore new tools, tried and true tools, notions and more to make your stitching easier, faster and accurate. See how the simplest of notions make otherwise time-consuming tasks, simple and best of all... secrets on how to make them work for you. <b>Fri 10:30am – 11:30am – Room 101</b> <b>Sat 11:45am – 12:45pm – Room 101</b></p> <p><b>Luxurious Cuddle &amp; Double Gauze Fabrics – all levels</b> Combine them together or use them alone, these beautiful, soft fabrics are easy to sew when you know a few special tips and techniques. See samples and get ideas for your projects. Sew these fabrics like a pro! <b>Fri 1:00pm – 2:00pm – Room 101</b> <b>Sat 3:30pm – 4:30pm – Room 101</b></p>
<p><b>Linda and Anna</b></p>  <p><b>The Sewing Café</b></p>	<p><b>This Week in Class: The Tunic Bible</b> A tunic can be as simple or as elaborate as you choose. By simply changing a single detail and the fabric, you can affect the tunic's entire appearance. Create your own one of a kind tunic. Discover The Tunic Bible book by Julie Starr &amp; Sarah Gunn. This book has so many inspirations, you'll want to make more! Linda will show tips and tricks for working with this multi-sized pattern. How to fit a muslin, successfully applying a placket and make perfectly shaped bust and back darts! <b>Fri 11:45am – 12:45pm – Room 101</b> <b>Sat 10:30am – 11:30am Room 101</b></p> <p><b>This Week in Class: Working with Jalie Patterns</b> Have you discovered this Canadian line of patterns? We really love these patterns for their versatility, construction techniques and many of them are for knits! These multi-sized patterns contain at least 27 sizes, from children's, to plus sizes for men and women. Learn how to use these patterns and how they differ from traditional, commercial patterns. Linda will also talk about working with knits, seam finishes, neck bindings. <b>Fri 2:15pm – 3:15pm – Room 101</b> <b>Sat 1:00pm – 2:00pm – Room 101</b></p>